Weekly Progress Tracker

BRING A FRESH COPY OF THIS TO EACH LESSON

Lesson #_____ **Date ___ ___ ___**

Did you practice every day last week? **YES NO SOME**
How long did you practice each day?

Monday_____ Tuesday_____
Wednesday_____ Thursday_____
Friday_____ Saturday_____
Sunday_____
Rate your progress: LOW - 1 2 3 4 5 6 7 8 9 10 + HIGH

This week's lesson: *I recommend practicing 30+ minutes every day.*

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Questions you have for next week…

_____

_____

_____

_____

_____

_____